

# Supports for Community Living

## Risk Assessment Inventory

### Depression

The following risk factors may be indicators of existing or developing problems. These should be considered by the case manager, service provider, and other team members when assessing and planning for risk mitigation. Referrals for further evaluation by clinicians may be needed to diagnose a specific condition or otherwise address consumer risk. ***This inventory is not intended to take the place of a professional diagnosis conducted according to accepted standards of clinical practice.***

### Personal Risk Factors

<input type="checkbox"/> if Present	Risk Factor
<input type="checkbox"/>	Loss of interest in things you used to enjoy, including sex
<input type="checkbox"/>	Feeling sad, blue, or “down in the dumps”
<input type="checkbox"/>	Feeling slowed down or restless and unable to sit down
<input type="checkbox"/>	Feeling worthless or guilty
<input type="checkbox"/>	Changes in appetite or weight (loss or gain)
<input type="checkbox"/>	Thoughts of death or suicide; suicide attempts
<input type="checkbox"/>	Problems concentrating, thinking, remembering, or making decisions
<input type="checkbox"/>	Trouble sleeping or sleeping too much
<input type="checkbox"/>	Loss of energy or feeling tired all of the time
<input type="checkbox"/>	Headaches
<input type="checkbox"/>	Other aches and pains
<input type="checkbox"/>	Sexual problems
<input type="checkbox"/>	Digestive problems (upset stomach, etc.)
<input type="checkbox"/>	Feeling pessimistic or hopeless
<input type="checkbox"/>	Being anxious or worried

Consumer: \_\_\_\_\_ Date: \_\_\_\_\_

